

# Proença a Fundo

## 10º Grupo

### Treinos

### Practice

## Proença a Fundo Indoor 0,400 Km

18-07-2015 20:53

Lap	Lap Tm	Diff	Time of Day
-----	--------	------	-------------

(3) Luis Mota

1	<b>22.770</b>	+2.830	21:09:06.434
2	<b>22.971</b>	+3.031	21:09:29.405
3	<b>24.961</b>	+5.021	21:09:54.366
4	<b>20.817</b>	+0.877	21:10:15.183
5	<b>20.499</b>	+0.559	21:10:35.682
6	<b>20.377</b>	+0.437	21:10:56.059
7	<b>22.641</b>	+2.701	21:11:18.700
8	<b>25.670</b>	+5.730	21:11:44.370
9	<b>23.327</b>	+3.387	21:12:07.697
10	<b>21.554</b>	+1.614	21:12:29.251
11	<b>20.706</b>	+0.766	21:12:49.957
12	<b>19.940</b>	-	21:13:09.897
13	<b>21.241</b>	+1.301	21:13:31.138
14	<b>23.716</b>	+3.776	21:13:54.854

(20) Filipe Vicente

1	<b>22.980</b>	+1.794	21:09:12.566
2	<b>21.359</b>	+0.173	21:09:33.925
3	<b>24.931</b>	+3.745	21:09:58.856
4	<b>24.179</b>	+2.993	21:10:23.035
5	<b>21.643</b>	+0.457	21:10:44.678
6	<b>21.385</b>	+0.199	21:11:06.063
7	<b>22.092</b>	+0.906	21:11:28.155
8	<b>21.372</b>	+0.186	21:11:49.527
9	<b>25.430</b>	+4.244	21:12:14.957
10	<b>27.012</b>	+5.826	21:12:41.969
11	<b>23.248</b>	+2.062	21:13:05.217
12	<b>31.902</b>	+10.716	21:13:37.119
13	<b>21.186</b>	-	21:13:58.305

(7) Carlos Resende

1	<b>26.336</b>	+4.361	21:09:17.648
2	<b>23.528</b>	+1.553	21:09:41.176
3	<b>23.301</b>	+1.326	21:10:04.477
4	<b>24.793</b>	+2.818	21:10:29.270
5	<b>53.278</b>	+31.303	21:11:22.548
6	<b>23.962</b>	+1.987	21:11:46.510
7	<b>26.274</b>	+4.299	21:12:12.784
8	<b>26.877</b>	+4.902	21:12:39.661
9	<b>21.975</b>	-	21:13:01.636
10	<b>23.221</b>	+1.246	21:13:24.857
11	<b>22.294</b>	+0.319	21:13:47.151
12	<b>22.971</b>	+0.996	21:14:10.122

(17) André Filipe Filipe

1	<b>40.755</b>	+18.679	21:09:30.999
2	<b>27.760</b>	+5.684	21:09:58.759
3	<b>26.151</b>	+4.075	21:10:24.910
4	<b>25.744</b>	+3.668	21:10:50.654
5	<b>27.332</b>	+5.256	21:11:17.986
6	<b>26.006</b>	+3.930	21:11:43.992
7	<b>27.782</b>	+5.706	21:12:11.774
8	<b>26.126</b>	+4.050	21:12:37.900
9	<b>23.502</b>	+1.426	21:13:01.402
10	<b>23.235</b>	+1.159	21:13:24.637
11	<b>22.076</b>	-	21:13:46.713
12	<b>22.938</b>	+0.862	21:14:09.651

(21) José Carlos Santos

1	<b>26.507</b>	+4.074	21:09:17.261
2	<b>23.531</b>	+1.098	21:09:40.792
3	<b>23.443</b>	+1.010	21:10:04.235
4	<b>24.820</b>	+2.387	21:10:29.055
5	<b>24.310</b>	+1.877	21:10:53.365

Lap	Lap Tm	Diff	Time of Day
-----	--------	------	-------------

6	<b>25.111</b>	+2.678	21:11:18.476
7	<b>26.435</b>	+4.002	21:11:44.911
8	<b>23.677</b>	+1.244	21:12:08.588
9	<b>23.281</b>	+0.848	21:12:31.869
10	<b>22.433</b>	-	21:12:54.302
11	<b>22.473</b>	+0.040	21:13:16.775
12	<b>23.355</b>	+0.922	21:13:40.130
13	<b>23.135</b>	+0.702	21:14:03.265

(26) Ricardo Mendes

1	<b>27.396</b>	+4.902	21:09:20.900
2	<b>24.192</b>	+1.698	21:09:45.092
3	<b>23.955</b>	+1.461	21:10:09.047
4	<b>22.494</b>	-	21:10:31.541
5	<b>31.796</b>	+9.302	21:11:03.337
6	<b>24.574</b>	+2.080	21:11:27.911
7	<b>23.057</b>	+0.563	21:11:50.968
8	<b>23.513</b>	+1.019	21:12:14.481
9	<b>26.203</b>	+3.709	21:12:40.684
10	<b>26.779</b>	+4.285	21:13:07.463
11	<b>23.427</b>	+0.933	21:13:30.890
12	<b>23.725</b>	+1.231	21:13:54.615

(2) António Bandeiras

1	<b>32.278</b>	+7.666	21:09:27.381
2	<b>28.774</b>	+4.162	21:09:56.155
3	<b>26.861</b>	+2.249	21:10:23.016
4	<b>26.769</b>	+2.157	21:10:49.785
5	<b>27.974</b>	+3.362	21:11:17.759
6	<b>28.532</b>	+3.920	21:11:46.291
7	<b>26.187</b>	+1.575	21:12:12.478
8	<b>27.037</b>	+2.425	21:12:39.515
9	<b>25.446</b>	+0.834	21:13:04.961
10	<b>24.612</b>	-	21:13:29.573
11	<b>24.875</b>	+0.263	21:13:54.448

Lap	Lap Tm	Diff	Time of Day
-----	--------	------	-------------